

STOP *the* Stigma

DEBUNKING THE MYTHS
ABOUT MENTAL HEALTH & ADDICTIVE DISORDERS

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OCT

SCREENAGERS

Join us for a special screening of a documentary about growing up in the digital age. FREE screenings at **noon & 6:00 p.m.** Panel discussion after the 6:00 screening.

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BLOWING SMOKE

The Past & Present State of Tobacco—a brief history of tobacco, new products to include electronic cigarettes, and thought provoking ideas about its future. **Noon.**

RED FLAGS & HOW TO TAKE ACTION

How to identify and respond to a mental health and/or substance abuse crisis for yourself, family member or friend. **6:00 p.m.**

All events in Heritage Hall @ Great Falls College MSU

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PRESCRIPTION PERSPECTIVE

Belden Billy from Rocky Boy shares the story of his own battle with substance abuse—how his journey started, escalated and how he ended up speaking to us today. Panel discussion to follow. **6:00 p.m.**

FREE & open to the public

PORN & SEX ADDICTION

FREE community presentation on what families, parents & you need to know. Presenter: Steven I. Lanzet, M.Ed., LMFT, LCPC, CSAT-S. **6:00 p.m.** Sponsored by Mental Health America.

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For more information, call 406.771.4325



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