## STRESSED? OVERWHELMED? SAD? LONELY? DISCONNECTED? AFRAID? FULL OF ANXIETY?

PLEASE DON'T HESITATE -

## **TALK TO SOMEBODY!**

Free Counseling Available for
Great Falls College MSU Students.

3 Free Counseling Sessions
provided through

GREAT FALLS MENTAL HEALTH TRIAGE SERVICES.

Additional counseling sessions can be arranged through them for students with or without insurance.

Call 406-272-1086 or TEXT 406-840-4352 for an Appointment.